



**Monday September 6, 2010 10:00 AM**

**Herter Park, Near Parking Lot 3, Brighton, MA**

**Please park in Parking Lot 4!!!**

**Directions: 1175 Soldiers Field Road on the Charles River**

**\$16 pre-entry fee --- \$20 post entry fee**

**Colorful Bad Habit Productions 5K T-Shirts to the first 200 entrants**

**Awards to top 3 Male and Female Overall and top 2 Male & Female in 7 Age Groups**

**Hugh raffle including Hanteens, 3CRP Hats, FuelBelts, RoadID Kits, and more.**

**Register On Line at <http://www.3CRaceProductions.com/RacePages/BadHabitProductions5K.htm>**

For more information call (603) 429-8879; go to

<http://www.3CRaceProductions.com/RacePages/BadHabitProductions5K.htm>

or email: [michael@3CRaceProductions.com](mailto:michael@3CRaceProductions.com).

Make check payable to 3C Race Productions

Mail to: Bad habit Productions 5K, 160 Amherst Road, Merrimack, NH 03054

Name: \_\_\_\_\_ Circle Gender: M F Age: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Email: \_\_\_\_\_

Running Club: \_\_\_\_\_ Circle T-Shirt Size: S M L XL

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release 3C Race Productions LLC, Bad Habit Productions, the Massachusetts DCR, the City of Brighton, MA, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature if under 18