



Colt State Park 5K - Bristol, RI  
Wednesday June 30, 2010 6:30 PM

Colt State Park, Bristol, RI

\$16 pre-entry fee --- \$20 post entry fee  
*Pre-Enter both races for only \$28*

**Multi-Color Colt State Park 5K T-Shirts to all entrants**  
**Colt State Park 5K Pint Glasses to top 3 Male & Female Overall and**  
**top 2 Male and Female in 7 Age Groups**  
**Raffle Prizes Include: Hanteens, 3CRP Hats, FuelBelts, RoadID Kits, and more.**

***Register On Line at <http://www.3CRaceProductions.com/RacePages/ColtStatePark5K.htm>***

For more information call (603) 429-8879; go to <http://www.3CRaceProductions.com/RacePages/ColtStatePark5K.htm>  
or email: [michael@3CRaceProductions.com](mailto:michael@3CRaceProductions.com).

Make check payable to the 3C Race Productions

Mail to: Luv2Run Colt State Park 5K, 160 Amherst Road, Merrimack, NH 03054

Name: \_\_\_\_\_ Circle Gender: M F Age: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Email: \_\_\_\_\_

Running Club: \_\_\_\_\_ Circle T-Shirt Size: S M L XL

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release 3C Race Productions LLC, Vasque, Colt State Park, the State of Rhode Island, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature if under 18