



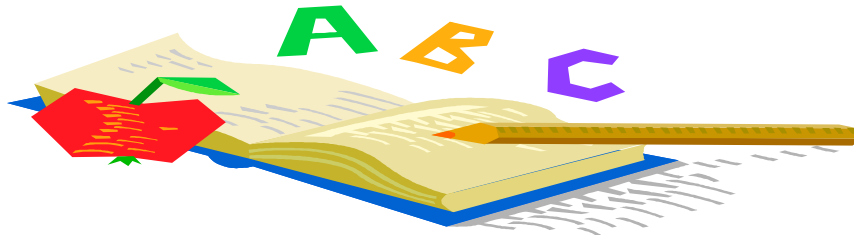
# EAST CONCORD COOPERATIVE PRESCHOOL

## 1<sup>st</sup> Annual *Trot for Tots*

# 5K Run/Walk

## Saturday, May 7, 2011

10:00 A.M. at Merrill Park, Eastman Street, Concord, NH  
Race Day Registration will begin at 9:00 A.M.



**5K Pre-registration fee - \$20, Kids 12 and under - \$15**  
Pre-registration must be postmarked by April 25, 2011 • Day-of-race registration is \$25  
All pre-registered participants for 5K run will receive a Trot for Tots T-shirt.

For Information, call Amy @ (603) 708-1035  
Computerized timing and scoring by 3C Race Productions

Pre-registration for 5K Run must be postmarked by April 25, 2011 to guarantee a T-Shirt. Please complete a separate application form for each person participating, enclosing \$20 for each 5K Run/Walk participant. Make checks payable to ECCP and mail to: East Concord Cooperative Preschool, PO Box 3951, Concord, NH 03302-3951.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Age: \_\_\_\_\_

Street: \_\_\_\_\_ Sex: M  F  Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

I know that running is a potentially hazardous activity. I should not enter or run/walk this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release East Concord Cooperative Preschool; 3C Race Productions LLC; the City of Concord, NH; and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_  
(If under 18, must be signed by a parent or guardian)

I HAVE ENCLOSED \$ \_\_\_\_\_ FOR 5K RUN \$ \_\_\_\_\_ DONATION TO EAST CONCORD COOPERATIVE PRESCHOOL