T.H.E. FARM
Where Special Horses Help Special People℠

Run/Walk 5K Mail-in Registration Form

Run/Walk 5K for T.H.E. FARM • Tewksbury, MA • May 22, 2011 • 9 am

Entry Fee: pre $20; day of $25 - Checks to: T.H.E. FARM

Mail completed form, payment, and signed waiver to:
T.H.E. FARM, P.O. Box 754, Tewksbury, MA 01876

MAIL-IN REGISTRATIONS MUST BE RECEIVED BY
Friday, May 20, 2011

NO RUNNER WILL BE ALLOWED TO PARTICIPATE IN THE RACE WITHOUT A REGISTRATION FORM AND SIGNED WAIVER.

Last Name, First Name

Address

City State Zip Code

Daytime Phone – – Age on Day of Event YEARS

E-mail Address

Gender ☐ Male ☐ Female

T-Shirt Size ☐ Small ☐ Med ☐ Large ☐ X-Large

First 100 registered participants receive a T-Shirt.

Waiver Must Be Read and Signed Before Mailing

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road, trails, and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Town of Tewksbury, T.H.E. FARM, Tewksbury Hospital, all sponsors, their representatives and successors from all claims of liabilities of any kind, including any claims arising out of negligence of the aforementioned parties, arising out of my participation in this event. I consent to the use of any photo, film, or videotape of this event for any legitimate purpose.

Signature Date

Parent's Signature if under 18 Date

Time: Walkers: 8:45 am - Runners: 9am

Place: The Old Chapel, Tewksbury Hospital, Tewksbury, MA

Distance: 5K

Entry Fee: pre $20 - day of: $25.00

REGISTRATION: 4 OPTIONS

1. Mail-in: **MUST BE RECEIVED BY Friday, May 20, 2011**
   Fill out form at left, include check payable to **T.H.E. FARM**, and mail to:
   T.H.E. FARM, PO Box 754, Tewksbury, MA 01876
2. Go to **www.t-h-e-farm.org** and click on T.H.E. FARM Registration link—print, fill out, and mail form with payment to address above.
3. Race Day: 7:30–8:30am at the Old Chapel
4. Go to **www.active.com** and sign up online by Noon on Thursday, May 19, 2011

Course Description:
Course begins and ends at the Old Chapel on the Tewksbury Hospital grounds. The scenic route winds through beautiful farmland and fields, past T.H.E. FARM's picturesque horse pastures, and finishes at the hospital's historic buildings, Tewksbury's hidden gem.

Amenities
Bathrooms available. Water stop along the route. Beverages and snacks will be available at the end of the race.

T-Shirts
First 100 registered participants will receive a T-shirt. Register early to get one!

Directions to Tewksbury Hospital's Old Chapel

From I-495 (north or southbound)

Take Exit 38 (which is also Rte. 38) and go left at end of ramp onto Rte. 38 towards Tewksbury. Go 2.4 miles passing through several sets of lights until you reach Tewksbury Center (gazebo on right). Turn left at this set of lights, go approximately 1 mile. Turn right onto Chapel Road.

From I-93 (north or southbound)

Take Exit 42 Dascomb Road. Follow signs toward Tewksbury (becomes East Street) for approximately 2½ miles. After crossing Livingston Street at the flashing lights, take the left onto Chapel Road.

Run/Walk 5K for T.H.E. FARM

Sunday, May 22, 2011

Join us for a 5K run or walk through the beautiful countryside surrounding T.H.E. FARM and help out a great cause!

T.H.E. FARM

is a non-profit, equine therapeutic center located 20 miles north of Boston situated amid agricultural fields and surrounded by miles of wooded trails.

Visit our website at www.t-h-e-farm.org